



CASTON NEWS

Friday 2nd October 2026

A quick, friendly round-up for Caston families

“Ask... and it will be given to you; Seek... and you will find. Knock... and the door will be opened to you.”
Matthew 7:7

DATES FOR YOUR DIARY

- 16th October – Owls Parent Event (2:15-3pm)
- 20th October – Friends AGM School Hall 9am
- 21 October – Fun Sports Day (all children in P.E Kit)
- 22 October – Swift Class parent event, 2-3pm
- 23 October – October Half Term starts
- 2 November – Children return to school
- 2 November – Parents Evening
- 5 November – Parents Evening
- 9 November – School Photos
- 26 November – Reception Health checks
- 3 December – Cross country Yr3–6
- 18 December – Last day of term
- 5 January – Children return to school
- 12 February – Last day of term
- 22 February – Children return to school

FRIENDS AGM

Please join us on Tuesday 20 October at 9am in the school hall.

As a registered charity, the Friends need to hold an AGM each year to elect trustees and review the charity's activities and finances over the past school year.

The current trustee team are looking to hand over the running of the Friends at this AGM.

DATA SHEETS

Earlier this week Date sheets were sent home with children, please check all the information, make any amendments if needed, sign the bottom and return back to school.

COULD YOU JOIN OUR TEAM?

Midday Supervisor and Teaching Assistant vacancy

We currently have a vacancy for a Midday Supervisor and Teaching Assistant at Caston School. Please share the opportunity with anyone who may be interested. Job advert closes 11th October.

<https://www.educationjobfinder.org.uk/job/8c49acac-c34d-4b22-9685-cb3655966429>

<https://www.educationjobfinder.org.uk/job/5c5ca792-0850-4652-a739-8307c50134>

★ THIS WEEK'S ATTENDANCE

Class	Attendance
Little Sparrows	89.36%
Finches	98.33%
Swifts Class	91.67%
Robins Class	100%
Owl Class	94.44%



A big well done!

Congratulations to Robins Class for having the best attendance figures this week.

UNITY

HOPE

KINDNESS

STRENGTH

RESPECT

RESPONSIBILITY

Parents Evening

Letters came home today with children. Please complete the slip and return ASAP. Children will need to hand the return slips to their class teacher. Appointment slips will be sent home on the last week of term.

Weather Changes

As the weather is starting to change, please help us to keep the children warm and dry when they are outside.

Please make sure your child comes into school with a **named waterproof coat** and a **pair of wellies** to use on the field.



Little Sparrows and Finches Class



Sparrows have been learning about matching in maths and have been finding matching wellies.

Finches have been sequencing the story 'Room on the Broom'.



UNITY

HOPE

KINDNESS

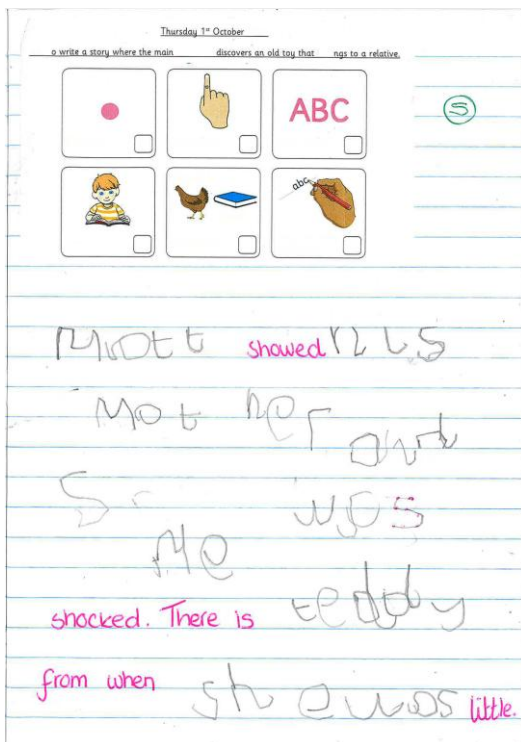
STRENGTH

RESPECT

RESPONSIBILITY



In History this week, Swifts explored how toys have changed over the last 100 years. First, they looked at pictures of different toys and predicted what each toy was, what it was made from and whether they thought it was still played with today. They then worked as a class to organise the toys from oldest to newest, developing their understanding of how toys have changed over time.



UNITY

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KINDNESS

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Robins Class

Robin class have been practicing their throwing, catching and batting skills for Cricket.

British Sign Language

To celebrate the European Day of Languages, children came together in the hall to perform using British Sign Language (BSL). The theme, 'Languages Unite: Every Voice, Every Hand', linked to our school value of unity and encouraged us to reflect on the question: 'How can language help everyone belong?' Through signing together, we celebrated different ways of communicating and explored how learning to communicate with others can help everyone feel included, valued and connected.



UNITY

HOPE

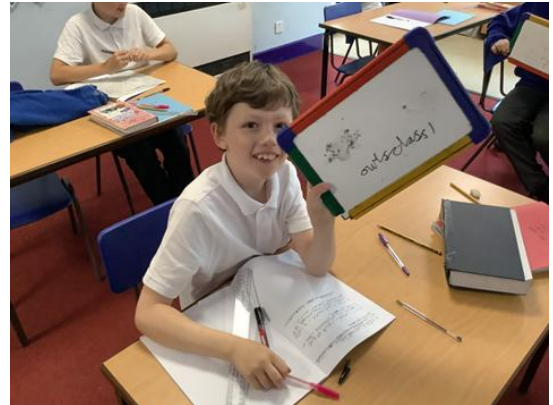
STRENGTH

RESPECT

RESPONSIBILITY

Owls Class

This week Owl class enjoyed trying to guess a password that someone had written. They were only allowed 3 clues but the password had to contain at least 12 characters, punctuation or numbers. They were unable to guess each other's passwords demonstrating why it is important to have a strong password when using devices and apps.



We also thoroughly enjoyed hitting the cricket ball (as hard as we could) off the wickets this week. We can't wait to try and hit a moving cricket ball next week!



Free Hoopstars session for Young carers

*Looking for a free activity to do during the school holiday?
Then come along and join us for 1 hour's basketball training with other
Young Carers in Norfolk.*

*An opportunity to develop your skills, get moving and meet other Young
Carers all while having fun.*

We can't wait to meet you

Venue: Watton Community Center

Date: Wednesday 28th October

Time: 2:00 - 3:00 age 8+

Time: 3:00- 4:00 age 13+

Sign up here



by Monday 19th October

For more information please contact Sally
at sally.rigby@benjaminfoundation.co.uk

The Benjamin Foundation

Positive outcomes
for children, young people & families



Messy[®] Church
at St Mary's

Sat 10th Oct: 10am-12
Sat 14th Nov: 10am-12
Sat 12th Dec: 10am-12

CRAFTS
for primary age but all families
welcome

STORIES

FOOD/DRINK

FREE!

St Mary's Church, Church Rd, Watton, IP25 6DQ
01953 881252 | wattonchurch@gmail.com | stmaryswatton.org

RESPECT

RESPONSIBILITY

Is my child too ill for school?

Does your child have a high temperature (38°C or more)?	YES Keep them off school until it goes away.	NO Follow the guidance below.
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Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	Cold sores Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	Impetigo They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	Ear infection If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	Conjunctivitis Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	Ringworm See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	Measles They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	Scarlet fever They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	Vomiting & diarrhoea Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	Chickenpox Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.