



# CASTON NEWS

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## Welcome to your new look Head Teachers' newsletter

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### Dates for your Diary

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27th Feb - Year 6 Parents SATS Zoom Meeting  
2nd March - World Book Day  
9th March - Year 6 Crucial Crew  
17th March - Red Nose Day Comic Relief  
3rd – 17th April - Easter Holidays  
18th April - Back to School

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### Weekly Attendance

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Fry Class	-	96%
Nelson Class	-	98.99%
Carter Class	-	96.79%
Cavell Class	-	93%

Congratulations to Nelson Class for having the best attendance figures this week.

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### Welcome

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We would like to welcome and introduce to you our new members of staff at Caston. Mrs. Chapman, Mrs. Colley and Mr. Guerrero are our new Teaching Assistants.



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### Become a Parent Champion Volunteer

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Would you like to be a Parent Champion, and volunteer to help other parents/carers in your community?

We are looking for local parents/carers, who make good use of local services, are friendly and enjoy chatting with other parents/carers.

Parent Champions are volunteers who give a few hours a week to talk to other parents about the local services available to families.

Would you like to:

- Meet new people
- Learn new skills
- Gain confidence
- Give something back to the local community

If you would like any further information or you would like to become a Parent Champion, please contact us by e-mailing [parentchampions@norfolk.gov.uk](mailto:parentchampions@norfolk.gov.uk) or visit our [website](#)

Our next Parent Champion Training (3 session induction) is taking place in a venue in Dereham on the 18<sup>th</sup> & 25<sup>th</sup> of April and the 2<sup>nd</sup> of May 2023  
Time: 10am to 1pm

Many thanks, The Norfolk Parent Champion Team  
Carla Nichols (Commissioning and Service Development Manager – Early Childhood System), Tanya O’Leary, Liz Fredericks, Michelle Wilkins (Community Focus Officers)



# CASTON NEWS

**Big Norfolk Holiday Fun**

April 3 - April 17

- Funded holiday activity scheme for children aged 4 - 16 this Easter
- **FREE** for all families eligible for benefits related free school meals
- Fantastic range of sports, outdoor, arts and creative activities across Norfolk for your child in a warm space with a free healthy lunch
- We try to make our activities inclusive to all. Please make the provider aware when booking if your child has special educational needs or a disability (SEND)
- More specialist SEN providers available for 2023
- Search for an activity near you with our Every Move activity finder

Booking now open  
Find an activity near you  
Visit [www.norfolk.gov.uk/blgnorfolkholidayfun](http://www.norfolk.gov.uk/blgnorfolkholidayfun)

## BIG NORFOLK HOLIDAY FUN

Is back again this Easter Holidays. Please see the above for more information.

## Year 3, 4 & 5 Swimming

The last date that the above year groups will be swimming this school year will be 23<sup>rd</sup> March. Hopefully swimming lessons will restart in September

## Year 5 & 6 Residential

The next payment is now due for the residential trip. Please could this payment be made by the end of February

## Year 6 Dental Screening

The Year 6 dental screening took place this week. Whilst on site I shared the frustrations of parents that they cannot access a dentist for their children. They said that Smile dental in Norwich has an NHS waiting list for children and they believe that a surgery in Brundall was taking on NHS patients.

If it is an emergency and your child needs a dentist they recommend calling 111. They recommend parents look at the following resources

[Take care of your teeth and gums - NHS \(\[www.nhs.uk\]\(http://www.nhs.uk\)\)](#)

[How to care for the teeth of children aged 3-6 with Dr Rani and Supertooth! - Bing Video](#)

If you are concerned about the lack of NHS dentists in the local area the dental team recommended that parents contact their local MP to express their concerns.



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## Kooth

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Kooth is an online mental wellbeing community for children 11 and above. They also provide resources for parents. We have downloaded the resources for parents and these are available on the parent's section of the website. These resources cover supporting your child at difficult times, navigating depression and low mood and sibling conflict. The weblink for the website is <https://www.kooth.com/>

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## Teachers Strikes

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We do not expect there to be any disruptions next week due to the teachers' strikes but we will update parents, as we know.

Due to staff not needing to notify us of their intentions, it may mean that we have to make a last-minute decision to close some classes.

However, we are planning for this not to be required.

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## Year 6 SATs Meeting

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Reminder that on 27<sup>th</sup> February at 4.30pm there will be a short Zoom meeting for Year 6 parents to look at SATS.

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## Celebrating Pupil Success

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We want to celebrate some of the work our pupils have created.

This week we have work from Carter Class.

There is so much good work that we have had to attach it as a separate document.

WELL DONE to Taylor-Paige, Rosa, Oliver, Summer and Meadow for some excellent work.

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## Can you help Miss Cavanagh

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Our Nurture group are looking for donations of gardening equipment so that they can look after our Rainbow Garden. If anyone has any gloves, watering cans, spades, hand tools, seeds, compost etc. that they can donate they would be extremely grateful.

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## World Book Day

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Reminder that Thursday 2<sup>nd</sup> March is World Book Day. There is a special lunch menu already bookable on School Money. Children can come to school dressed as their favourite book character. The £1 book token will be coming home today.

Years 3, 4 and 5 will still be going Swimming, so please no makeup/face-paint/hair glitter or colour and be wearing an outfit that can be easily removed when changing.

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## New Look Newsletter

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Same features just a different layout. Please let the office know what you think about this new look newsletter. Should it stay or revert back to the old format?

Thank you.