



# Respiratory Infections stay at home requirements

Symptomatic

I am too unwell to work/attend school and/or I have a high temperature

If you need medication to regulate temperature or you feel unwell, you need to stay at home until you are better and notify the setting in the usual way

I am well enough to work/attend school and I do not have a high temperature

I am a student / pupil

Return to setting

I can work from home

- Agree working from home with manager and work from home until symptoms have subsided
- If you become too unwell to work or develop a temperature stay at home

I can't work from home

- Your manager should consider if it is safe for you to work depending on your role, the vulnerability of others and mitigations available
- If controls cannot be implemented you may be temporarily redeployed or asked to remain off work until you are fully recovered.

If you have trouble viewing this flowchart the information is available in text form via the Standard Infection Control Personal Behaviours and Responsibilities Guidance

Positive COVID-19

- Adults stay at home for at least 5 full days. Children and young people stay at home for at least 3 full days. Day zero is the day you first had symptoms/day of positive test if asymptomatic
- Employees can work from home if you are well enough to do so
- Notify the setting in the usual way

Do I need to continue to stay at home after day 5/3?

I am too unwell to attend setting and/or I have a high temperature

If you need medication to regulate temperature or you feel unwell, you need to stay at home until you are better

I am well enough to attend and I do not have a high temperature

- Pupils/students should return after day 3 where they are well enough to do so.
- For employees your manager should consider if it is safe for you to work depending on your role, the vulnerability of others and mitigations available. If controls cannot be implemented you may be asked to remain off work for 10 full days.