

Week 2 Menu - Autumn/Winter
Week beginning 6th November 2017

PLEASE RETURN YOUR ORDER AND MONEY TO THE SCHOOL OFFICE NO LATER THAN THE MORNING OF FRIDAY 3 NOVEMBER 2017

Please indicate in the tick box which meal your child would like for each day:

H = hot meal, V = vegetarian option, L = school packed lunch, JP = Jacket potato. **If your child is bringing their own lunch please the box blank.**

Universal free school meals only apply to years R, 1 and 2

Monday

Pork & carrot meatballs with tomato pasta twists (H)
Seasonal vegetable crumble (v)
Seasonal vegetables, fresh salad bar
Warm apple taco & custard or fruit salad
Packed lunch (L)

Tuesday

Salmon & sweet potato fishcake (H)
Everybody's favourite macaroni cheese (v)
Seasonal vegetables, fresh salad bar
Belgium cocoa waffle with cherry fruit topping or fruit salad
Packed lunch (L)

Wednesday

Smokey Joe's chicken with wholemeal rice (H)
Italian quorn fillet with wholemeal rice (v)
Seasonal vegetables, fresh salad bar
Carrot & pineapple sponge cake or fruit salad
Packed lunch (L)

Thursday

Roast beef, yorkshire pudding, roast potatoes & gravy (H)
Quorn sausage 'under wraps', roast potatoes & gravy (v)
Seasonal vegetables & fresh salad bar
Oaty fruit crunch & custard or fruit salad
Packed lunch (L)

Friday

Crispy fish fillet with chips (H)
Vegetable spring roll & chips with mild curry sauce (v)
Seasonal vegetables, baked beans & fresh salad bar
Crunchy vanilla slice with strawberry sauce or fruit salad
Packed lunch (L)

Cost of meals : £2.20 each / Free School Meals apply

Please indicate which meals your child would like and return this form to the office with the correct money or cheque in a sealed envelope. Cheques should be made payable to Caston CE VA Primary School

Name of Child

I enclose £ for meals.

Please note, there may be changes to meals served, due to seasonal variations or unavoidable circumstances.